

# Parrs Wood High School

## Directory of Services: A Student & Family Guide

What advice, guidance &  
support is available?



Community

Creativity

Achievement

# Vision, Values, Ethos & Mission


- Every Child Succeeds
- An exceptional school and college, which provides an excellent and inspiring education for every individual within our diverse community enabling them to lead successful lives.

**Community** – We value one another

**Creativity** – We embrace change

**Achievement** – We expect excellence

# Welcome

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- Welcome to our services directory for students and families.
  - Being a teenager can be tough and being the parent or carer of a teenage equally tough. By understanding your child a little better and by giving them time to develop, you'll build a much closer and ultimately rewarding relationship. As a family take opportunities to have good daily conversations with your child to explore how they are feeling.
  - When things go wrong it doesn't mean that someone has failed. It's how those difficulties are handled that can make the difference to you and your child, both now and in the future.
  - This guide contains useful information about how to cope with the teenage years, the upheavals they can cause, the special problems that arise and the ways in which that can be managed through individual advice, guidance and support.
  - Parrs Wood High School also provides a comprehensive personal development curriculum to supplement the growth and development of students into independent adults-  
<https://pwhs.co.uk/personal-development>. Contact Miss Woodward - [e.woodward@parrswood.manchester.sch.uk](mailto:e.woodward@parrswood.manchester.sch.uk).



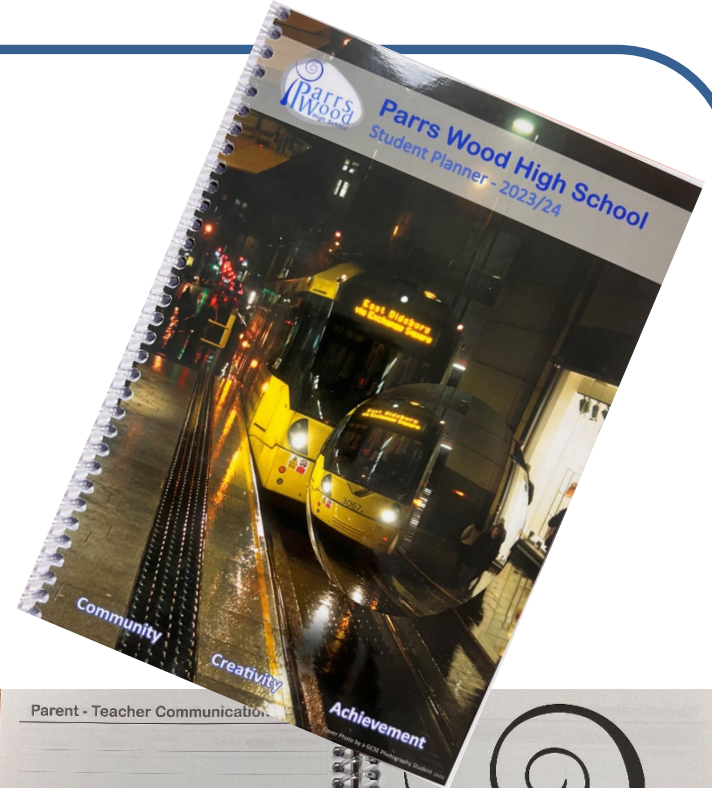
# Student Services Mission

- At Parrs Wood High School 'Every Child Succeeds' through professional curiosity. It is our mission to understand how each individual student works and learns best as well as know what inspires and motivates them. Only by identifying strengths and conquering barriers to learning using a truly multi-agency approach, can individuals achieve their full potential and contribute to a sustainable future.
- The promise and delivery of the right support and challenge at the right time has the power to transform lives and ensure that every student and their family thrives.



# Form Tutors

- Every student at Parrs Wood High School is placed into a form group with a Form Tutor.
- Form Tutors are the first point of contact for our students and their families. Each tutor will be pivotal to the success of each student in their form group - monitoring, guiding and supporting them in both academic and pastoral areas to achieve lifelong success. As a result, the Form Tutor is most likely to be your child's 'trusted adult' within school.
- You can reach out to your child's Form Tutor in many ways – including through your child's Student Planner. Simply write a note on the 'Parent-Teacher Communication' pages. Form Tutors may also reach out to you in this way to keep you updated about what is happening at school.
- You can always contact Reception on 0161 446 8640 or email [admin@pwhs.co.uk](mailto:admin@pwhs.co.uk) and ask for a telephone call back from your child's Form Tutor. You don't even need to know that staff member's name. We will always help and support.



# Next steps...

## General Enquiry

- Families should contact main reception in person or by telephone – 0161 446 8640.
- Staff may not always be immediately available, but our reception staff will support in making contact with the right person.
- Students should go to their Key Stage Office on the main mall in school. Your child will be able to get replacement timetables, planners and uniform items here.

## First Aid

- Students should tell a member of staff. Staff will ensure a first aider attends.

## Enquiry

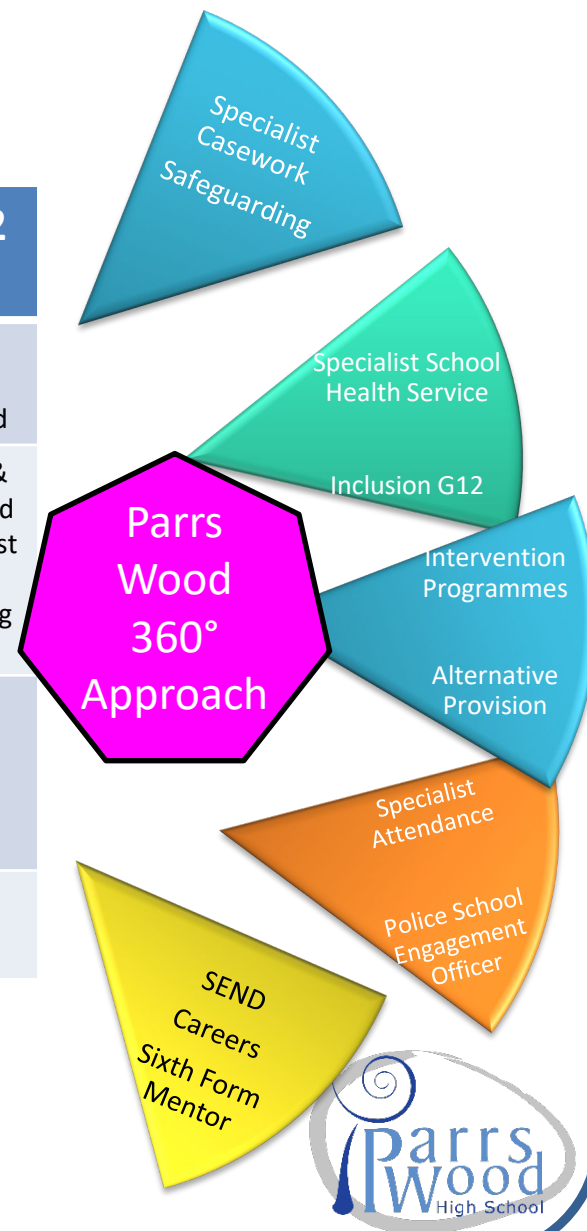
- Form Tutor
- Subject Teachers
- Reporting absence - Year 7, 8, and 9 – 0161 446 8641, Year 10 and 11 – 0161 446 8644 & Year 12 and 13 – 0161 446 8648
- Pastoral Support Manager & Head of Learning
- Director of Learning

## Specific Help

- Directors of Faculty – see the school website for contact details or contact main reception.
- Special Educational Needs & Disability: SENDCo - [sendco@parrswood.manchester.sch.uk](mailto:sendco@parrswood.manchester.sch.uk)
- Family Support & Family Liaison - [j.mannion@pwhs.co.uk](mailto:j.mannion@pwhs.co.uk)
- Attendance - [attendance@parrswood.manchester.sch.uk](mailto:attendance@parrswood.manchester.sch.uk)
- Safeguarding – [j.barrens@parrswood.manchester.sch.uk](mailto:j.barrens@parrswood.manchester.sch.uk)
- Careers: Future Choices - [a.brotherton@parrswood.manchester.sch.uk](mailto:a.brotherton@parrswood.manchester.sch.uk)
- The Parrs Wood High School website is also a useful source of information for students and families - <https://pwhs.co.uk/safeguarding/advice-and-guidance>

# Our Student Services Team

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12 & 13
Head of Learning Mr Crickett	Head of Learning Ms Jones	Head of Learning Mr Cray	Head of Learning Mr Heron	Head of Learning Mr Cooper	Head of Learning Mr Goddard
Pastoral Support Manager Mrs Horrocks	Pastoral Support Manager Mr Brereton	Pastoral Support Manager Mr Clough	Pastoral Support Manager Ms Holland	Pastoral Support Manager Ms Bibey	Behaviour & Pastoral Lead including Post 16 Safeguarding Miss Bond
Student Services Office  Ms Abraham & Ms Dowling			Student Services Office  Mrs Marshall	Student Services Office  Miss O'Reilly	Student Services Office  Ms Tracy
Form Tutors	Form Tutors	Form Tutors	Form Tutors	Form Tutors	Form Tutors



# Parrs Wood 360° Approach

Every child attending Parrs Wood High School succeeds. Students are at the very heart of everything we do. Our Parrs Wood 360° approach is decided to ensure that students are successful in all aspects of life and that effective challenge and support are offered at the right time. When we talk about Parrs Wood 360° or P360°, what we really mean is taking an holistic approach to education - caring about the whole student as well as their family to enable them to be the best they can be and lead their lives.








Physically healthy	Safe from maltreatment, neglect, violence and sexual exploitation	Ready for school	Engage in decision making and support the community and environment	Engage in further education, employment or training on leaving school
Mentally and emotionally healthy	Safe from accidental injury and death	Attend and enjoy school	Engage in law-abiding and positive behaviour in and out of school	Ready for employment
Sexually healthy	Safe from bullying and discrimination	Achieve stretching national educational standards at primary school	Develop positive relationships and choose not to bully and discriminate	Live in decent homes and sustainable communities
Healthy lifestyles	Safe from crime and anti-social behaviour in and out of school	Achieve personal and social development and enjoy recreation	Develop self-confidence and successfully deal with significant life changes and challenges	Access to transport and material goods
Choose not to take illegal drugs	Have security, stability and are cared for	Achieve stretching national educational standards at secondary school	Develop enterprising behaviour	Live in households free from low income

# Early Help Manchester

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- Sometimes students and their families might need some extra help, this might come from a range of different organisations, all working together.
  - An Early Help Assessment is a way of noting down what is going well in your family, what the worries are and what needs to happen to help things improve. **Together you will then agree the best way to make this happen. Nothing is done to you.**
  - You might need help in one or more of the following areas:
    - School, education or training
    - Home and life relationships
    - Health and emotional wellbeing
    - Work, finances or housing
    - Domestic violence or abuse
    - Crime or anti-social behaviour
  - If you have worries about your family, then ask for an Early Help assessment as a starting point to guide, help and support you.

Early Help is essential to improving the lives of Manchester's children and young people and to make sure that they are safe, happy, healthy and achieving their potential.

As a city one of our main aims is to better support families, to help them to cope with the difficulties they face and to support families to thrive.

Lots of families in Manchester face challenges and difficulties in their lives and these can lead to tough times for children and can contribute to the breakdown of families.

It's important to recognise that as well as facing difficulties, families and communities have strengths and that with the right support from the right people, they can be helped to overcome significant challenges.

Find out more here - [Early Help Manchester](#) .



# A-Z Help



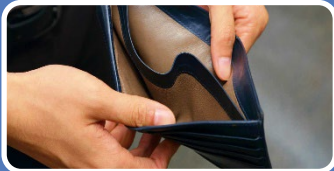
## Anti-social behaviour & knife crime

- Parrs Wood High School works in partnership with Greater Manchester Police, youth service providers and other community organisations to combat anti-social behaviour and knife crime.
- Use <https://www.gmp.police.uk/> or call 101 to report crime and antisocial behaviour and knife crime. There is also a live chat function on their webpage.
- Ask your child's Head of Learning for further details of what other help and support might be available.



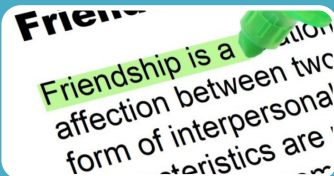
## Bullying & Hate Crime

- Bullying is the repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power. It can happen face to face or online. Parrs Wood High School has a zero tolerance approach towards bullying, hate incidents and hate crime.
- Tell a member of the Student Services Team if you are worried for yourself or another student. It's never too late to take action. Anonymous reporting is also possible via the SHARP System (Student Help Advice Reporting Page System). <https://parrswood.thesharpsystem.com/>
- You may also seek advice and support from <https://www.childline.org.uk/> or <https://anti-bullyingalliance.org.uk/>.



## Financial Difficulties

- Dealing with money issues can sometimes be off-putting. Free, impartial and confidential advice about debt is available from Citizens Advice - <https://www.citizensadvice.org.uk/>.
- You can also apply for a cash grant through Manchester City Council - [https://secure.manchester.gov.uk/info/200008/benefits\\_and\\_support/6302/apply\\_for\\_a\\_cash\\_grant\\_if\\_you\\_are\\_in\\_financial\\_crisis](https://secure.manchester.gov.uk/info/200008/benefits_and_support/6302/apply_for_a_cash_grant_if_you_are_in_financial_crisis).



## Friendships

- Falling out is common and part of the experience of being a teenager – opening and closing friendship as interests change. Our Student Services Team can use restorative approaches in order for friendship issues to be resolved successfully without conflict.

# A-Z Help



## Housing

- Manchester City Council commissions three agencies – Shelter, Citizens Advice and Cheetham Hill Advice Centre (CHAC) to provide housing advice to the city's residents.
- Common housing issues that these agencies can provide support with include:
  - Rent arrears
  - Property condition and disrepair
  - Problems with a landlord, including harassment & illegal eviction
  - Threat of eviction/end of tenancy
- Visit [www.citizensadvice.org.uk](http://www.citizensadvice.org.uk), contact Shelter on 0344 515 1640 or the Cheetham Hill Advice Centre on 0161 740 8999.



## Loss and bereavement

- The Gaddum Centre provides a range of health and wellbeing services for those that have suffered bereavement and loss as well as other trauma <https://www.gaddumcentre.co.uk/>.



## Online safety

- Parris Wood High School's website provides a useful starting point for information about keeping students safe online.
- <https://pwhs.co.uk/parents/online-safety>



## Parenting

- Parenting courses are available through Early Help.
- <https://www.familylives.org.uk/> is also a useful starting point for further information.

# A-Z Help



## Puberty

- Adolescence is a time of great change. Growing up can be frightening to both students and their families. Make time to listen and understand what they are going through.
- The NHS website <https://www.nhs.uk/mental-health/children-and-young-adults/advice-for-parents/cope-with-your-teenager/> provides a useful starting point for students and families.



## School Uniform

- The Wood Street Mission helps support families living on a low income in Manchester and Salford, with practical help and services. This includes help with toiletries, bedding, children's clothing as well as Christmas gifts and access to books and toys.
- Through SmartStart the Wood Street Mission have been providing families with school uniform. Contact them on 0161 834 3140.



## Self harm

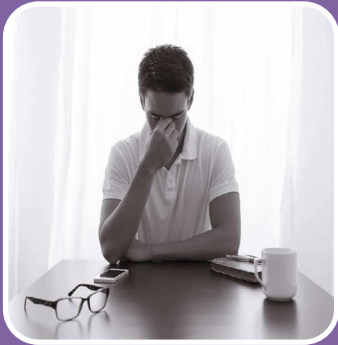
- Self-harm is a broad term for a way of expressing very deep distress. Often, people don't know why they self-harm. People may injure or poison themselves by scratching, cutting or burning their skin, by hitting themselves against objects, taking a drug overdose, or swallowing or putting other things inside themselves. For more information visit - <https://www.mind.org.uk/>.
- If your child has suffered self-harm or knows of a friend who is suffering self-harm then please update the school. Anonymous reporting is also possible via the SHARP System (Student Help Advice Reporting Page System). <https://parrswood.thesharpsystem.com>.
- Don't forget to talk to your GP and access NHS support such as Child and Adolescent Mental Health Services or CAHMS.
- If you have had suicidal thoughts recently, or are worried that someone you know might be depressed of having thoughts of suicide, there are people that can help. The Samaritans operate a service that is open 24 hours a day, 365 days a year. Call 08457 909090. Papyrus HOPELINE UK is an alternative – telephone 0800 068 4141 or visit their website at <https://www.papyrus-uk.org/>.



## Sexual Health & Pregnancy

- Contraceptive advice and guidance including access to condoms can be obtained from your Year Team and the NHS School Health Advisor.
- The Brook <https://www.brook.org.uk/> also provides free, confidential sexual health services for young people aged 19 and under in Manchester - offering sexual health screening, contraception, pregnancy testing, free condoms and advice. Contact them on 0161 237 3001.

# A-Z Help



## Emotional Health & Wellbeing including Stress & Anxiety

- Kooth is an online counselling and emotional well-being service for children and young people, available free at the point of access. Simply visit - <https://www.kooth.com/>
- Don't forget to talk to your GP and access NHS support such as Child and Adolescent Mental Health Services or CAHMS.
- Parrs Wood High School can also support through in school counselling services and m-Thrive. Simply speak to your Year Team.



## Substance Abuse

- Eclipse is a free and confidential drug, vaping and alcohol service for young people under 19 and families in Manchester.
- You can contact us on 0161 839 2054 from 09:00 - 17:00 on weekdays or email [eclipsemanchester@cgl.org.uk](mailto:eclipsemanchester@cgl.org.uk).
- [www.talktofrank.com](http://www.talktofrank.com) is also a useful starting point for further information, advice and guidance.


# A-Z Help

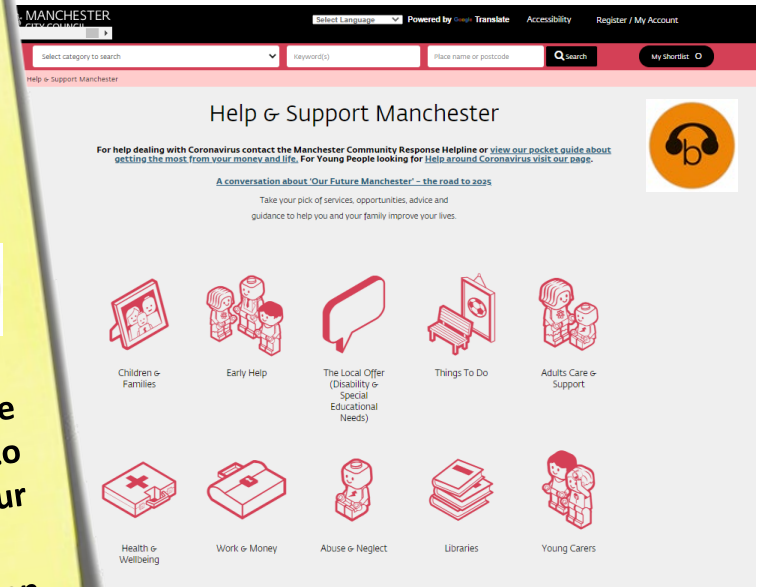
## Careers Education Information Advice & Guidance



- We believe that everyone has the ability to develop and grow in their lives. We're here to help you reach your potential.
- Careers Education Information Advice & Guidance is available through our Future Choices programme and from Mrs Brotherton at Parrs Wood High School.
- In addition, The National Careers Service provides information and advice to help you make decisions on learning, training and work opportunities. The service offers confidential, helpful and impartial advice, supported by qualified careers advisers for anyone in England 13 and above. You can speak to an adviser on the phone or make a face-to-face appointment in your area by calling 0800 100 900. Lines are open from 8am to 10pm seven days a week. <https://nationalcareersservice.direct.gov.uk/.../Home.aspx>

# Introducing the Manchester Family Services Directory

- Manchester City Council provides a comprehensive Family Service Directory. This can be accessed by following the link <https://hsm.manchester.gov.uk/kb5/manchester/directory/home.page>.
- The webpages can also be translated into your home language.
- You can also listen by clicking on the  'browsealoud' icon in the top right hand corner.
- Simply use the drop down menus along the top of the page, search using a keyword or your postcode to view services that are available to you and your family.
- Staff at Parrs Wood High School are always more than happy to help you navigate your way through these webpages to find what you are looking for.





# Introducing the Manchester Family Services Directory

Children & Families ▼ drug Place name or postcode Search My Shortlist

Home / Help & Support Manchester / Children & Families / Children & Families - Search Results

## Showing search results 10 of 12

**Category**

**Children & Families** ✕

- Adoption & Fostering (2)
- Advocacy & Mediation (4)
- Childcare & Children's Centres (2)
- Early Help for Parents (8)
- Education (2)
- Relationships (2)

**Filter by**

**Age Filters:**

- 0-5 (2)
- 11-16 (2)
- 16-25 (1)
- 5-11 (3)
- All Ages (3)

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**Offering services to:**

- Adults (3)
- Carers (3)
- Children (2)
- Ex-offenders (2)
- LGBT (2)

▼ More...

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**Postal location:**

- M4 (2)
- WC1X (1)
- SE1 (1)
- NW5 (1)
- M22 (1)
- ..

Need some advice?

- ▶ 11+ years: Drugs and alcohol parenting advice
- ▶ Parenting tips: For parents of children age 0-11+
- ▶ 11+ years: Keeping your child in school - parenting advice
- ▶ 3-11 years: Helping your child to be happy

Sorted by: Best match ▼
+ Add all to My Shortlist
Hide Map



**FRANK: Drug Information service**

FRANK is the national drug information service. You can ring FRANK at anytime and speak to a friendly adviser who's professionally trained to give you straight up, unbiased information about drugs. The service is free and confidential, you won't be asked for your name and...

**0300 123 6600,**

[Email](#) [Website](#) + Add to My Shortlist

**Eclipse**

A citywide service for children, young people and families affected by substance misuse issues. The Treatment Team work with young people under 19 years who are using or at risk of using drugs and alcohol. The Family Team work with children affected by parental substance...

**0161 839 2054,**