

# WEEK ONE.



Monday PIZZA AND PASTA DISH OF THE DAY.

CHICKEN TIKKA MASSALA WITH PEA RICE AND SALAD & NAAN OR GARLIC BREAD

QUORN SAUSAGES WITH VEGETABLES MASHED POTATOES & GRAVY

CHICKEN OR VEGGIE PATTIE ON A ROLL WITH SALAD.

ASSORTED CAKES AND BISCUITS DAILY

Tuesday

PIZZA AND PASTA DISH OF THE DAY.

CHICKEN/VEG PIE WITH SPICY WEDGES & CARROTS , WITH GRAVY

CHEESE/TOMATO MACARONNI WITH SALAD. & GARLIC BREAD.

CAJUN CHICKEN ON A TORTILLA WRAP WITH SALAD.

### Wednesday

PIZZA AND PASTA DISH OF THE DAY.

BEEF BOLOGNAISE WITH PENNE PASTA SALAD GARLIC BREAD.

CURRIED VEG & QUORN CURRY PEA RICE. & NAAN BREAD.

S/F CHICKEN ON TORTILLA WRAP WITH SALAD.

# Thursday

PIZZA AND PASTA DISH OF THE DAY

CHICKEN JALFREYZI SERVED WITH YELLOW RICE & NAAN BREAD. AND SALAD.

CHEESE AND TOMATO QUICHE & SALAD OR BAKED BEANS. & SPICY WEDGES

TANDOORI CHICKEN ON A PANINI OR CHICKEN KEBAB. Friday PIZZA AND PASTA DISH OF THE DAY

LAMB SHEPHERDS PIE WITH FRESH VEGETABLES , AND GRAVY.

ROAST VEGETABLE FAJITAS.SALAD & GARLIC BREAD OR OVEN WEDGES.

SALMON OR CHICKEN ON A SOFT ROLL WITH SALAD.



A selection of drinks are available at each counter, prices vary. SUSO,MILKSHAKES, FRUIT JUICE,CALYPSO AQUAJUICE,WATER,SMOOTHIES,FRESH MILK, RADNOR.



Tuesday

PIZZA AND PASTA

DISH OF THE DAY

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CHICKEN BALTI

WITH PEA RICE

& NAAN BREAD

& POTATOES

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VEGGIE SAUSAGE

\*\*\*\*\*

WITH SALAD

CHICKEN OR KEBAB

ON A TORTILLA WRAP

\*\*\*\*

WITH VEGETABLES



### Monday PIZZA AND PASTA DISH OF THE DAY

BEEF LASAGNE WITH SALAD & GARLIC BREAD

CHEESE/ONION PIE WITH OVEN WEDGES BAKED BEANS/SALAD

COATED SPICY CHICKEN ON A SOFT ROLL WITH SALAD

# WEEK TWO



Wednesday PIZZA AND PASTA

DISH OF THE DAY

BEEF HOTPOT PIE WITH GRAVY AND PEAS/CARROTS

VEGETABLE MINCE FAHITAS WITH SALAD AND BREAD

CRISPY S/F CHICKEN ON A SOFT ROLL WITH SALAD Thursday PIZZA AND PASTA

DISH OF THE DAY

ROAST TURKEY SERVED WITH FRESH VEGETABLES,GRAVY

VEGETABLE PIE WITH VEGETABLES AND ROAST POTATOES

TIKKA CHICKEN OR KEBAB ON A WRAP WITH SALAD Friday PIZZA AND PASTA DISH OF THE DAY

LAMB BOLOGNNAISE WITH SPAGHETTI AND GARLIC BREAD

BREADED FISH WITH OVEN WEDGES & MUSHY PEAS

VEGGIE BURGER OR SPICY CHICKEN WITH WITH SALAD

ASSORTED CAKES AND BISCUITS DAILY PRICE - 35p TO 50P PIZZA SLICE 95p MAIN MEALS[WITH SALAD,GARLIC OR NAAN BREAD] £1.70p PASTA DISH -1.45P WITH GARLIC BREAD OR CHEESE,AND SALAD 1.70P .CHICKEN BURGERS OR CHICKEN WRAPS £1.50P CHICKEN KEBABS IN A WRAP £1.70P .JACKETS 75P,FILLINGS 40P TO 50P DRINKS FROM 25P TO 75P[WATER 50P] ASSORTED SANDWICHES /BAGUETTES -85P TO 1.45P AM BREAK - TOAST 15P,MINI PIZZA 50P,CRUMPETS 25P,BAGEL 25P,BACON BARM £1.00P,SAUSAGE ON A ROLL 75F







## Monday

PIZZA AND PASTA DISH OF THE DAY \*\*\*\*\*

CHICKEN FAHITAS WITH SALAD & OVEN WEDGES OR GARLIC BREAD. \*\*\*\*\*

QUORN MINCE **VEG CHILLI WITH** RICE , SALAD AND GARLIC BREAD \*\*\*\*\*

CHICKEN OR VEGGIE PATTIE ON A SOFT ROLL WITH SALAD. \*\*\*\*\*\*

ASSORTED CAKES AND BISCUITS DAILY

# WEEK THREE.



Friday PIZZA AND PASTA DISH OF THE DAY \*\*\*\*\*

SPICY LAMB **ENCHILADAS GARLIC BREAD &** SALAD OR WEDGES \*\*\*\*\*

VEGEMINCE PIE WEDGES.FRESH VEG & GRAVY \*\*\*\*\*\*

SALMON /CHICKEN BURGER ON A SOFT ROLL WITH SALAD. \*\*\*\*\*

A selection of drinks are available at each counter, prices vary. SUSO, MILKSHAKES, FRUIT JUICE, CALYPSO AQUA FIZZ, WATER, FRESH MILK.



### Tuesday PIZZA AND PASTA

DISH OF THE DAY \*\*\*\*\*

CHICKEN JALFREYZI WITH YELLOW RICE & NAAN BREAD. AND SALAD. \*\*\*\*

MACARONI CHEESE WITH TOMATOES. SERVED WITH SALAD & FRESH BREAD \*\*\*\*\*

TANDOORI CHICKEN ON A WRAP WITH SALAD & SAUCE. \*\*\*\*\*\*

Wednesday

PIZZA AND PASTA DISH OF THE DAY \*\*\*\*\*

BEEF & ONION PIE AND GRAVY SERVED FRESH POTATO & VEGETABLES. \*\*\*\*\*

**VEG MINCE CHILLI** STACKS ,WITH SALAD & GARLIC BREAD \*\*\*\*\*

S/F CHICKEN ON A SOFT ROLL WITH SALAD. \*\*\*\*\* Thursday PIZZA AND PASTA

DISH OF THE DAY \*\*\*\*\*

ROAST BEEF SERVED WITH ROAST POTATOES, VEGETABLES AND GRAVY. \*\*\*\*

QUORN SAUSAGES WITH POTATOES & FRESH VEGETABLES \*\*\*\*\*

**PIRI PIRI CHICKEN** OR KEBAB ON A WRAP WITH SALAD & SAUCE. \*\*\*\*\*





# WEEK FOUR.

## Monday

PIZZA AND PASTA DISH OF THE DAY.

CHICKEN ROGAN JOSH SERVED WITH PEA RICE NAAN BREAD,SALAD OR GARLIC BREAD.

QUORN ENCHALADAS SERVED WITH SALAD WEDGES OR GARLIC BREAD.

SPICY CHICKEN ON A SOFT ROLL WITH SALAD & SAUCE.

ASSORTED CAKES AND BISCUITS DAILY,

## Tuesday

PIZZA AND PASTA DISH OF THE DAY

LAMB AND VEG PIES SERVED WITH POTATOES AND VEGETABLES/GRAVY

VEGETARIAN LASAGNE HERBY DICED POTATOES WITH SALAD OR GARLIC BREAD

TANDOORI CHICKEN ON A TOMATO WRAP WITH SALAD.

## Wednesday

PIZZA AND PASTA DISH OF THE DAY.

BEEF BOLOGNAISE SERVED WITH SPAGHETTI AND GARLIC BREAD.

VEGETARIAN MINCE SHEPHERDS PIE WITH SWEET POTATO MASH,AND VEGETABLES

COATED CHICKEN ON A SOFT ROLL WITH SALAD.

# Thursday

PIZZA AND PASTA DISH OF THE DAY

CHICKEN TIKKA CURRY SERVED WITH RICE AND PEAS AND NAAN BREAD.

CHEESE QUICHE WITH BAKED BEANS SERVED WITH SALAD & OVEN WEDGES.

CHICKEN TIKKA ON A BAGUETTE WITH SALAD & SAUCE



Friday PIZZA AND PASTA DISH OF THE DAY

BEEF ENCHILADAS SERVED WITH SALAD COLESLAW, GARLIC BREAD.

BREADED FISH WITH SALAD AND WITH OVEN WEDGES & MUSHY PEAS.

SALMON BURGER OR CHICKEN BURGER ON A SOFT ROLL.



A selection of drinks are available at each counter, prices vary. SUSO,MILKSHAKES, FRUIT JUICE,RUBICON, RADNOR STILL,WATER,SMOOTHIES,MILK,RADNOR FIZZ.

