



# Break and Lunch times at Parrs Wood High School

Our canteen is open at break and lunch serving healthy food and drinks .  
Year 7s make use of the main canteen, however you can also choose to bring a packed lunch or make use of our outside serving hatches.

At breaktimes you can play in the year 7 playground or you can enjoy the wider school grounds. The exercise equipment and grass area at the front of the school are popular with year 7's. If you like the idea of playing some sport, our sports leaders will lend you equipment to play with on the field or AstroTurf. Lots of subjects will also have extra curricular clubs on at lunch so remember to get a planner pass! Staff are visible at break times to help you if needed or if you just fancy a chat! They will be wearing highly visible yellow jackets so can't be missed!

