

PHYSICAL EDUCATION A Level

Why Study this course?

- You are passionate about sport
- You are driven to find out how you can improve your performance?
- You are interested in how our bodies push themselves to their physical peak?
- You are keen to understand what gives Olympic champions the psychological edge over their competitors?
- You are intrigued by why nearly one billion people would watch a single sporting event?

What You'll Study

You will be internally assessed in one practical activity 9 (from the approved list) and the Evaluation and Analysis of Performance for Improvement. They are required to demonstrate effective performance, the use of tactics or techniques and the ability to observe the rules under applied conditions.

- Applied anatomy and physiology
- Exercise physiology
- Biomechanics
- Skill acquisition
- Sports psychology
- Sport and society

The examined components will provide the knowledge and understanding which will underpin the non-examined assessment (NEA)

Practical- non exam assessment (NEA)

This will allow learners to explore an activity in detail as a performer, chosen from a wide variety of sporting activities. Learners will also analyse and evaluate performance in a chosen activity as part of their NEA.

Career Progression

- Any career for which an understanding of the human body or human behaviour is desirable.
- Suitable for any further study, at Higher Education, in social sciences, as part of a course of general education or one of the many sports-related degree courses.
- Lead to careers in PE teaching, sport and physical activity, Coaching, Physiotherapy, Personal Trainer, working the leisure industry or recreational management of the health and fitness industry.
- Sport is now such a huge industry that there are endless employment opportunities!



Why study Physical Education at PWSFC?

Why Parrs Wood?

We boast extensive facilities to benefit your studies including:

- Large Sports Hall, Gymnasium, Dance Studio and fitness Suite
- Largest Playing fields in Manchester
- All weather astro-turf pitch

If you like this subject, you may also like:

Biology, Psychology or Sociology



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